



## Instructions Following Cataract Surgery

You may remove the shield once you arrive home and start the eye drops TODAY.  
Place the shield over your eye at bedtime for one week.

**DROPS: Allow 1 minute between each drop**

	<b>Moxifloxacin</b>	<b>Prednisolone 1%</b> <i>Shake well before using</i>
<b>WEEK 1</b>	4 times daily	4 times daily
<b>WEEK 2</b>	----	4 times daily
<b>WEEK 3</b>	----	2 times daily
<b>WEEK 4</b>	----	2 times daily

For the first **24 HOURS** post op:

1. Do NOT get water in your operated eye while bathing/showering
2. Do NOT drink alcoholic beverages due to anesthesia

For **ONE WEEK** post op:

1. Do NOT rub or apply pressure to the operated eye
2. Do NOT lift more than 40 pounds
3. Do NOT swim with your head under water
4. Do NOT apply makeup on or around the operated eye
5. Avoid strenuous exercise

If you experience severe eye pain, severe headache, recurrent nausea or vomiting:

**Call Dr. Nazari at 202-292-1418**

Thank You for Choosing Us for Your Care

**Kourosh Nazari, MD, FACS**

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